

THE RULES

OF

PROSPERITY

42 SHADES AND PRINCIPLES
OF WEALTHY



www.therulesofprosperity.com

GELU NASTAC

FOREWORD BY RAYMOND AARON
NEW YORK TIMES BESTSELLING AUTHOR

THE RULES OF PROSPERITY

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THE WEALTHY

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For my wife Lucia and for my son George

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Foreword

Have you ever thought about being prosperous? Like most people, you were probably confused, thinking that prosperity means being wealthy. Have you ever thought that it was time to transform your life, but never knew how? You probably have lots of things you love doing, many things you want to experience and goals you want to achieve, and you dream of an extraordinary life. Again if you are like many people, your life is filled with activities, obligations and commitments that have nothing to do with your prosperity. You may be spending your life running faster and faster trying to keep up, and at the same time falling further and further away from living that extraordinary life about which you are dreaming.

When we meet someone who has transformed their life, they always seem more interesting, more engaging. They have a renewed energy, and they are passionate about their work, about life and in general about everything. To be prosperous takes time, passion, courage and a lot of self-awareness.

Gelu is someone who has definitely overcome a life-changing event and found a way into his own transformation. It is very easy to succumb to peer pressure; the challenge is to create your own individual opinion about how you will achieve the goal of prosperity. Break the shackles of the preconceived ideas created by the society and leave your footsteps for others to follow.

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You must accept your failures and learn from your mistakes if you wish to become socially intelligent. Welcome failures with a positive mindset and see a change in your attitude towards your life.

In this book you will find very simple ideas, guidelines and suggestions that you can follow to empower you to transform your life, and start living the life you want to live. Start applying this now and move towards an extraordinary life. I'm sure there are many ideas and suggestions in this book that will resonate with you.

Raymond Aaron

Leading Transformational Success Mentor

New York Times Best-Selling Author

Chapter 1

10 Statements That Will Put You In Thinking Mode

There are things in this world that not everybody is capable of doing, although “theoretically” speaking, anyone can see themselves doing them. You can earn up to 4-5 times more money that you earn now, or you can take 4 or 5 holidays a year. Those are just samples of the prosperity that you can have. But what does true prosperity mean, and how can theory be put into practice?

How can you reach that level where you can say without hesitation, I’m thriving!?

This book is just a dose of my experience and my knowledge acquired in the prosperity field, and it does not propose to be a full guide. What you are about to learn stands on my personal experience, business experience, and philosophy elements.

Please note that what you are about to read here is known by less than 1% of the world population. The majority of people that have contact with this information tend not to believe that the recipe is so simple.

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But think.... any recipe is simple. This does not necessarily mean easy to apply. Reading this book entirely, you will deeply understand the recipe, and also how to apply it more easily.

Also I recommend that you read the entire book. It's like a puzzle. Taken singly, a chapter cannot give a proper overview. Unless you read the whole book, you will not see clearly how the presented rules work. Before you jump into the subject, I want to give you some ideas that will make understand better what true prosperity means.

1. If you have money you are rich but not necessary wealthy.
2. The road to prosperity does not involve hard work.
3. Some rules, if you respect them and put them into practice every day, will give you prosperity.
4. Money has no value. It symbolizes the value.
5. The only limits are those set by you.
6. Your results reflect your past judgement.
7. Statements like "with money you make money" or "money breeds money" are false.
8. Your wealth has nothing to do with your intelligence level.
9. Your wealth does not depend on the economy crisis or the political environment.
10. To have what you don't have, you must to do what you don't do.

Chapter 2

Mind: Your Biggest Enemy or Your Best Friend?

To live well we must suffer first and be very lucky. Are you one of those people that holds on to the idea that life is hard?

Although many of us have been indoctrinated with such beliefs, by parents, or by the society, somewhere in our subconscious we all hope to find a way to stop this system that, intuitively, seems unfair. At the end, why does life have to be hard?

In our souls, we hope that a way in which we can have a better life, relatively easily and quickly, actually exists. Unfortunately, for many people wishing for this “better life,” the desire for prosperity is hanging on the wall and being forgotten. I know people who hesitate to even pronounce words like “prosperity” or “success,” because those words are being associated in their minds with failure and unfulfilled dreams.

If you are one of those people, what you are about to read will probably shock you, and if you are willing to listen, this will be the shock that will bring you closer to your dreams.

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Otherwise, if you are like me, probably entire life we know that there's a better way and it depends only on you to find it. Personally, I've always been convinced of the success that I was going to have. The only question was how I was going to obtain it.

So, because every person thinks differently and because the main thing that holds us back when it comes to wealth is our thinking, I've decided to approach this subject from the beginning. We could talk only about the rules and solid techniques that will lead to prosperity, but if we don't strengthen the foundation first, all that we build will eventually fall.

How does my thinking affect me?

Henry Ford said that "Whether you think you can, or you think you can't--you're right." And if you hold on for a second and think about that, it's true: if you don't trust your own potential of being wealthy you will probably not even try, and even if you try you will not give 100%.

Instead, if you believe that you are capable of living a wealthy life you will take the initiative, you will do what is necessary, and you will act determined and confident.

This principle, although it may be rationalized, sinks all the way into the subconscious. Your strongest beliefs are unconscious, and your actions are always in balance with them. You may have some beliefs that limit you or hold you back, and you will not even realize it. And even if you consciously realize that you have the potential of living a wealthy life, even if you find the

opportunity that will get you there, some unconscious beliefs can make you sabotage yourself.

Sounds incredible? Read the evidence!

This principle was tested on a sample of sellers. They were initially asked what their value was, or how much they sold per month, on average. One of them said \$5,000. When he shifted into a stronger market to see what changes had occurred, he became more relaxed, worked less and finally sold close to \$5,000. When he shifted into a very bad market, he put out twice the effort to make the same \$5,000.

His belief that he was worth \$5,000, regardless of the barriers and the opportunities, made him receive the same results every time.

Those subconscious structures narrow our horizon and slow our progress. But, changing them will put you on the road to prosperity. That's why it is vital for you, before you try to gain the prosperity that you wish and you deserve, to eliminate the beliefs that limit you and replace them with ones that give you advantages.

In the next pages we will learn how to use our mind as our ally, not as an enemy.

The first step for this change is to discover the main beliefs that hold us and stop us on our way to prosperity. We need to acknowledge them.

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Those beliefs were imposed on you by society, and represent what you have decided are the truths about how the world works. Once planted in your mind, they remain valid until the moment you question them. They can boost you, they can hold you still, or they can drag you down. When you strongly believe something, this belief will determine forever what you will do and, more important, what you will not do. It's strange, but if someone has a solid belief, we'll be able to do all kinds of mental tricks to defend it. If you provoke his belief, it is likely that he will become annoyed and start a hard debate with you.

That's why subjects like politics or religion are considered tabu. These kinds of discussions can cause fights, and even the disruption of relationships. I've been in such situations, and probably you have too.

Therefore, the resistance to certain ideas in this book is absolutely natural, but I assure you that adopting this belief system and values will encourage the necessary behavior for obtaining prosperity. Open your mind to new ideas.

3 Mindsets That May Be Holding You Back from Abundance

If you are not experiencing the abundance that you think you should be in life, perhaps you are struggling with negative mindsets that are holding you back. Sometimes we can get into bad habits when it comes to our thoughts and beliefs, and it is necessary on occasion to take a few minutes and gauge what is going on internally.

1 Negative thoughts

Really take some time and evaluate what kind of thoughts are running through your mind when it comes to abundance. It is all right to get a negative thought once in awhile, but if you are thinking predominantly more negative than positive thoughts, it will hold you back from abundance.

With the law of attraction always at work in the universe, and like attracting like, your negative thoughts will attract negative things, such as lack, want, and need. It is vital that you get the right kind of thoughts swirling around your head and get positive beliefs ingrained deep within you. Don't look at the physical, but believe that abundance is manifesting each and every day. Believe it. See it. Feel it. Watch it manifest right before your eyes.

2 Fears

A fearful mindset will certainly hold you back from abundance. You may be fearful of success or you may fear failure. Either way, that fear will send out a lower vibration to the universe and repel abundance from coming your way.

Take a few minutes and write down what you are afraid of. Do you think you will be criticized? Do you feel like you are not good enough? Smart enough? Write down every fear and then think about whether your fears are valid. If the things that you fear really happen, will it really be that bad? If you are criticized for having abundance, is it really a big deal? If you fail in your endeavors, is it the end of the world? No. You can handle criticism and you can learn valuable lessons from failures.

3 Doubt

If you have a mindset plagued with doubt, you will be held back from having abundance. Doubt means that you really don't believe that you will experience or get something that you want. For one reason or another, you feel like you are not worthy, or lack the ability to get your desires. Doubt has ruined many people's hopes and dreams and it will certainly hold you back as well if you allow it.

In order to combat doubt, get to the bottom of why you feel it. Then determine to overcome that doubt. Rise up with courage and face any doubt and fears that you have, and declare that you will get your desires. You will have abundance and live with joy and peace as well.

You are the creator of your life so draw a line in the sand and line your thoughts up with abundance, joy, peace, and success. Raise your vibration every day by visualizing all of your desires coming true. See it. Feel it. The days of letting negative mindsets hold you back from abundance are over.

The Mind: Greatest Enemy or Best Friend?

The mind is a powerful force, so it is quite plausible that it can be either our greatest enemy or our best friend. It is no exaggeration that if you can learn to tap into the power of your mind and use it to facilitate success, you're well on your way to a life that you love.

Realize Your Potential

Your mind is simply your thoughts. It is what you are thinking at any moment, and many of the thoughts you are thinking right now are a direct result of what you've experienced in the past. Those thoughts create beliefs, and the way you think today is relative to your beliefs. The good news is that, if your thoughts tend to swing more to the positive side, they are much like your best friend, but if they swing more to the negative side, they could be your greatest enemy.

Essentially, our minds or thoughts can either help us realize our potential or steer us away from our potential. For example, let's say you grew up in poverty and your parents continually told you how life is unfair and you will end up poor as well. You've grown up hearing those words and those words are imprinted into your mind, basically causing you to make choices that keep you stuck in poverty.

On the other hand, let's say you grew up in a wealthy home and your parents continually told you how wealthy you were in mind, body, and spirit. You grew up thinking that you could live a rich life in many ways, so your mindset caused you to make decisions that upheld your beliefs. In this case, your mind was your best friend.

You are Responsible For Your Mind

The power of the mind is so important that the Bhagavad Gita states, "Your own mind is responsible for your bondage and for your liberation." What you believe in your mind can be your best

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friend or your worst enemy, so what kind of mindset are you willing to carry? Yes, you are responsible for your mind, so the willingness to change your mindset when it is not suiting you is quite important.

Changing your thought life is possible; many people have done this and have watched their lives turn around for the better. There are various ways to change your mindset from negative to positive, including:

- **Reciting positive affirmations.**

An affirmation is simply a statement, so taking time daily to recite positive affirmations about yourself and your life can re-train your brain to think positive thoughts instead of negative ones. Make a list of affirmations and speak them out loud and mentally several times each day.

- **Feed yourself positive food.**

Just like your body needs nutritious food to keep it healthy, your mind needs positive food to keep it positive. Listen to motivational and inspirational audio and watch encouraging videos, as they will certainly give your mental facilities a power boost, helping you to have a happier and more peaceful day.

- **Develop your gifts.**

Each of us has been given a gift or talent, so take some time to determine what yours are and develop them. Maybe you

are a gifted writer, yet you've been under the impression that you're not very good at it. Take some time to develop that gift by writing every day, cultivating your voice and changing your mindset. Over time, your gifts will flourish.

- **Set goals.**

When you set a goal, you're much more inclined to change your mindset and work toward that goal. Sit down and write your goals out and create an action plan to achieve them. This will certainly help you utilize your mind as a friend!

If you want to live a successful, fulfilled life, it is important to learn to utilize your mind as a trusted friend. You can learn how to change your mindset from negative to positive with just a little bit of time and effort, so begin utilizing these tips today to do so. Invest in your potential, because you have so much of it!

**To have what you don't have,
you must to do what you don't do**

Chapter 3

Common Beliefs About Prosperity

It is always said “think out of the box” if you want to overcome the common challenges of life. How many times have you questioned the happenings in your life, because you believe that is the usual norm of leading a good life? You are definitely not restricted to the actions and ideas of other people. Your parents, friends and society should not influence your views by any means. Only can you empower yourself to create self-awareness about your true potential. You must question the popular beliefs, which create a negative impact on your potential. When you make efforts to change your outlook, you will change your perception and beliefs.

In your young days, you must have heard that you must finish college if you want to be successful. Not at all. Prosperous and successful persons such as Bill Gates, Steve Jobs or Mark Zuckerberg never completed college. However, they had an idea as well as the determination to pursue it. Even students graduating from the best colleges remain unemployed.

Many people believe, only when they are young, can they party hard. Is it so? Having fun is not limited to people of certain ages only. If you have a healthy life in your younger days, you will reap the benefits of the aging process. Secondly, alcohol is not

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required to enjoy your life. If you do not get into the habit of drinking alcohol, you will reap two advantages in old age. Firstly, you will remain young at heart and secondly, you will be financially sounder due to the savings in your younger days.

In the case of women, it is believed that you should get married early and have children. This is so sad. Women who never marry are equally eligible to enjoy a happy and prosperous life. Why can't a woman make her independent choices without a guilty conscience? What if a man delays his marriage? These rules have been created by society and there is no point in succumbing to these rules and acting in any haste. It is not easy to raise children so, to all women readers, please be mentally prepared before you think about settling down and starting a family.

What is the definition of 'beautiful?' Do you have to be skinny? You are polluting your mind with such preconceived ideas. Liberate your mind and define beauty in your own terms. People have resorted to such extreme measures in order to get a perfect size. But, have you ever reflected upon the implications of such drastic measures? Treat your body nicely and lead a healthy life.

Another popular belief created by the society is that you need to earn a certain number of dollars to become prosperous. What rubbish; the real prosperous people do not equate money to success. It is not possible. Money cannot buy inner peace and satisfaction. However, a short conversation with a dear friend gives you extreme happiness. Have you ever made a difference to someone's life? Try it once. You will definitely feel content. The main thing is you must have a passion to pursue your

desires. An excessive amount of wealth does not contribute to happiness and prosperity in real terms.

Many people have witnessed adverse situations in their childhood. It creates negativity in the mind of the affected person; as a result, infusing self-confidence into the person is quite difficult. You are the best judge. Decide for yourself how you want to approach life and take the first strong step towards combatting your challenges to emerge a winner.

Chapter 4

14 Anchors That Still Hold You

If you've reached this far and you have done the exercises from www.TheRulesOfProsperity.com, you've discovered some of the beliefs that guided your actions and habits so far. In the next lines I will give you some of the most often seen limiting beliefs encountered to help you complete your list.

- 1. You don't deserve to have a wealthy life or deserve less than you wish.**
- 2. The political and economic environments are the reasons you are not wealthy.**
- 3. You can not get rich honestly/most of the rich have stolen.**
- 4. You have to be lucky to become wealthy.**
- 5. "Money is the devil's eyes" or "Money brings problems" or "Money isolates you from family and from your friends."**
- 6. Life is hard.**
- 7. It's unfair to others to make money easily.**
- 8. Your financial success leads to others' poverty.**
- 9. Poverty is a virtue.**
- 10. You are not intelligent enough.**
- 11. You don't have the necessary resources to become wealthy.**

- 12. You don't have enough experience/you have a lot to do.**
- 13. You are always unsatisfied that you don't have enough/you don't appreciate what you have.**
- 14. Rich people are unhappy.**

1. You don't deserve to have a wealthy life or deserve less than you wish

The value that we give ourselves is one of the most important beliefs that can limit us or boost us to prosperity. We always live at the prosperity level that, unconsciously, we believe that we deserve.

In this case, through different circumstances, if our situation changes (we win the lottery, we inherit money, we receive a bonus, etc.) in short time our unconscious limitations will bring us back to where we consider that we belong. In other words, what you unconsciously think is true, becomes true for you. Statistics show us that the majority of lottery winners eventually reach the same, or a worse, financial situation than they had before winning. And probably now you think that if you won, you would know what to do with the money. Let me tell you a secret: everyone thinks that, but the reality is different.

The unconscious limited beliefs are stronger than we wish to believe, even when we realize their existence.

2. The political and economic environments are the reasons you are not wealthy.

Indeed, the political environment and the economic situation influence our life in a good way or in a bad way. Probably a large percentage of political people are more interested about their own fortunes than about the population's welfare. An economy that is hit by the crisis, with the production down, without cash and with the unemployment rate growing can not affect us in a good way.

Although....

Now is the perfect time! How? If you were a CEO for a mega-corporation or if you were simple worker who is looking for a "sure" job then it's necessary to worry, but if you read this book the changes required to become one of the people I've mentioned are minimum. The actual circumstances are excellent for you. Before I tell you why, let us see the alternatives.

First of all you can vote, but you don't actually do something with your vote. And no, I don't try to convince people not to vote. I just want to say that almost all politicians are almost the same; today they are enemies, tomorrow they are friends, and history proves that for so many times their only interest is in the consistency of their own pockets, or their thirst for power or both. So going to vote is not the solution. If you bang your fist on the table it doesn't help either; it can even harm you and may put your health in danger. So what we can do? We can change them, but it takes a lot of effort, time and perseverance. It's a lot easier to adapt. It's a lot easier to change myself than change

the system. So what if it's bad; it's been worse than that and still there were people who became wealthy. In any system there is the potential to become wealthy, but the present gives us an extraordinary opportunity.

Now is the perfect time to become an entrepreneur. Here is why.

The financial system is one pyramid, and the big companies are placed at the top. They control a large part of the world's wealth. These companies are the most exposed to problems, and their instability creates room for a new generation of companies: the entrepreneurial ones who are now on the road without debts and with huge opportunities on the market. Darren Hardy, Success Magazine (USA) editor, uses an analogy to the prehistoric era when dinosaurs died. For them it was bad, but because of this event, the small animals thrived.

3. You can not get rich honestly/most of the rich have stolen.

I realize that the numerous high level corruption cases made us reluctant and skeptical about the ethics and integrity of the wealthy.

But the reality is that if you buy something cheaper and you sell more expensive, and you do this again and again, you'll get rich! It's mathematics; the difference between revenues and costs is profit, and the profit can get you rich. It's not necessary to steal or be unfair to get rich. Plus, if you believe that you can't get rich

unless you steal, and you are an honest person, what are the chances that you actually will get rich? Honestly!

4. You have to be lucky to become wealthy.

Sometimes we are tempted to think that luck played a major role enriching others. For example there's always someone to say that "John was lucky" or "Bill was at the right place, at the right time."

Looking from the outside, it's normal to think that those who are doing well had luck on their side. Maybe they had, although I don't believe in luck, but beyond that they knew how to take advantage of that luck. What you don't see from the outside is the hard work, the failures and the obstacles that they encountered on the road to prosperity.

The successful entrepreneurs consider that it depends on them if they are successful or not. Although external factors may influence you, what determines your success and your prosperity after all is how you react to those factors and how you profit from them.

Benjamin Disraeli, former prime-minister of Great Britain, says: "The man is not controlled by the circumstances, those are controlled by the man." The opportunities are endless; anyone can see them if their eyes are open. Only winners exploit them.

5. "Money is the devil's eyes" or "Money brings problems" or "Money isolates you from family and from your friends."

Money is not the devil's eyes and they do not cause problems; not in relations, not any sort of problems. Money is just an instrument. All that it gives you is a lot of options. But what you do with it gives you problems or happiness; it can improve your relations or it can destroy them. Money is not the problem, but the love for money is. Some people fall in love with money, and for that they step on their friends, do immoral or illegal things, which then gives them problems. Don't love the money, let money love you.

P.T Barnum, the first show-business American millionaire said: "Money represents a terrible master, but an excellent servant." If you think that money is bad, you will unconsciously sabotage your chances of making it.

**6. Life is hard.
and**

7. It's unfair to others to make money easily.

Some people think that life must be hard, and only with hard work can we do well. The truth is that life can be hard and it can be easy too; it depends on how you make it for yourself. If you work motivated, intelligent and with passion, I guarantee that you will consider life easy and you will make easy money. I love my work, life seems easy to me, and I know a lot of people that think the same way.

Bob Proctor a well-known author, speaker, business man and coach says: "To make money is one of the easiest things in the world, after you learn how. "I repeat, it depends on you how easy your life is, but surely if you consider life to be hard, you will make it so.

8. Your financial success leads to others' poverty.

Some well-intentioned, but ignorant, people have a mentality characterized by limitations and shortcomings. These people know that money is limited and therefore think that some people's enrichment leads to others' poverty.

First of all, it's essential to understand what money represents. Money is just an exchange instrument, it has no value. It symbolizes a value which someone has provided it. Therefore money is an effect, a consequence, and if I want more money, I need to create value for a larger number of people.

Randy Gage, expert in the spiritual principles of prosperity, speaks about the circulation of the Prosperity Act. Well, from a spiritual point of view, before waiting for your prosperity you have to create it for others; therefore you create a vacuum which attracts multiplied prosperity for you.

From a practical point of view, money has no value unless it flows. Think, you sell me some product or services and I pay you. With that money, you will buy other goods or services. This chain goes on forever, and although the money is not in your possession, you have the value of the bought products. Although there is the same money in circulation, each individual that holds

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the money and continues to put it on the flow will benefit from a boost of value in exchange. Although money is limited, their flow is continuous and therefore the value that they can give you is endless.

Bob Proctor, in his book “You Were Born Rich,” talks about a homeless person from his town that he got to know. That man collected junk and garbage in a shopping cart that he pushed on the street. He was a junk seller. After he died, having no heirs, the police went to his apartment to list his goods. They found \$100,000 placed in boxes. This man placed the money out of circulation and therefore he didn’t benefit from it. For him, the money did not represent value. The money, undoubtedly, was made to be spent. Attention, when I say **spent** I don’t mean **wasted**. There’s a big difference between those two words.

9. Poverty is a virtue

It doesn’t matter if you are a Christian, a Muslim or a Jew, believing that poverty is the perfect context for a spiritual life is stupid! Although I risk disturbing some people with this affirmation, I prefer to be brutally honest because I know I will be appreciated by the others. If you believe in God, probably you agree that He made everything and He is everything. Therefore everything is spirit, including material wealth. Does God want you to suffer? No, He does not want that. God wants to develop your potential to the maximum in all areas, including the material and the spiritual.

I don’t think it is His will for you to be a spiritual person and have holes in your shoes. Plus I believe that those two areas --

material and spiritual -- are complementary and reinforce each other. For example, if you have money you can buy books, and with them you can spiritually develop yourself, you can do pilgrimages, you can help your community etc.

10. You are not intelligent enough.

and

11. You don't have the necessary resources to become wealthy.

and

12. You don't have enough experience/you have a lot to work.

There is the category of people who believe they don't have the resources needed to get out of the situation they are, thereby to get to thrive. By intellectual nature or by financial nature, these types of excuses discourage us and sometimes sabotage our efforts. No matter if you think that "you don't have enough money to..." or that "you don't have the intelligence or the proper education to" I want to assure you that you have all you need! A lot of people less intelligent than you, without formal education, have become wealthy, and a lot of them started without financial resources. Intelligence is a major factor to obtain the prosperity that you wish. A lot of successful people had a medium intelligence level. Education is important and it can be gained from books, courses etc.

Plus it is known that we use only a small part of our potential, and if we are to begin to use more, according to the theory of evolution, the brain physically evolves to adapt to new needs. In other words, if it were necessary for you to process more

information than your brain can process, along the generations, the brain will have a raise in volume.

I have started a lot of businesses with zero financial investment. With good ideas, passion, work, perseverance and maybe some investor partners, any dream can become reality. Experience is not a major factor either. The experience can be an ace, but not having it is not a big disadvantage. There are people with a lot of experience who still don't prosper. The idea I insist on is that there are more perspectives for each truth. We have the opportunity to choose the perspective that advantages us. Before we get to the concrete strategies, I want to discuss prosperity, and the psychological breaks that we encounter.

13. You are always unsatisfied that you don't have enough/you don't appreciate what you have.

I know there's a popular belief that no matter how much you want, you always will want more, and I agree 100%. But wanting more does not mean being unsatisfied with what you already have. Think about it; you have a lot of things, material and non-material (health, family, friends, intelligence etc.). For you to become truly wealthy, you will need to learn to appreciate all these things. I will not go into details now because we will detail this in the following chapter.

14. Rich people are unhappy

If you think rich people are unhappy, you're right. There are rich people who are unhappy, but at the same time there are poor people who are unhappy.

The saying "money does not bring happiness" is true. There are even millionaires who are depressed. That's why it's good to understand what true wealth or prosperity means.

Anchors That Keep You Focused

Now let's talk about when you've got some negative feelings to contend with, or you want to keep focused on your desires and dreams. Learning about anchoring will suit you well. Anchoring is a technique used by many people to foster emotional and behavioral change.

You know how when you drive up to a stop sign, you automatically stop? You really don't even think about it; you just come to a complete stop. The reason this occurs is because over time you've learned subconsciously that a stop sign means "Stop," so that sign acts as an anchor. The stop sign is a stimulus and your stopping is the response.

Pavlov's dog

There is a well-known psychology experiment that models this well. Ivan Pavlov used dogs in his experiment to theorize that we can condition responses by providing certain stimuli. What Pavlov did was sound a bell just before he would feed the dogs. He did this over and over and then eventually just the ringing of the bell would cause the dogs to salivate. The bell was the stimulus and the salivating was the response, whether food was present or not. The sound of the bell became the dogs' anchor. Many of us have automatic emotional states similar to this. We

may feel sad and not be sure why, but perhaps something triggered it. Maybe a certain smell or tone of voice by a loved one. These are considered anchors that can cause one to feel that sadness without even realizing what is occurring. The good news is that we can learn to use anchors to change emotions and behavior, and stay focused.

Anxiety and stress

We tend to carry stress and anxiety in the body quite frequently, and chronic stress can create a myriad of problems. You no longer have to be prey to such anxiety and stress when you learn how to use anchors consistently.

First, think about an occurrence in your life where you were super-duper happy. Maybe the day you got married or had a baby. Or perhaps when you hit that home run that won the big game. Now, picture yourself there and really pay attention to details. What does it smell like? How are you feeling? Who is there? Get in touch with your senses. Take a few minutes and really begin to feel the emotions that you were feeling then. Smile, laugh, and allow your heart to open and be filled with love and peace.

When you feel that your good feelings are at their peak, place your fingers or hand somewhere on your body for a few seconds or rub two fingers together for a few seconds. Then, let go and count to 10. What you've done is just anchored those positive feelings, so what you can do when you're feeling anxious or highly stressed is to repeat that anchor (whatever you chose to do) and those happy and peaceful feelings should return, helping you to get through the anxious event.

Keep your focus

Now that you understand a little bit about anchoring, keep in mind that you can do this when it comes to keeping your focus too. Let's say you want to get your degree in accounting, yet you get anxious when you think about all the steps you need to take in order to get the ball rolling. You tense up and get scared when you think about applying to the school, picking classes, going to class, financing your education, and so on.

Now use the anchoring technique to help you stay focused on each task one at a time. Make a list of the steps you need to take and then, just before you are to perform each one, use your anchoring technique. You'll be surprised at how effective anchoring can be, and eventually you may not even have to use the technique, as you'll become more confident along the way. You deserve to live the kind of life you desire, so learning various tools and techniques will help you to do so. Give anchoring a try when it comes to changing emotions or behavior and staying focused on your goals.

You've got this!

Chapter 5

What is True Prosperity?

“Prosperity makes friends, adversity tries them.” - Publilius Syrus
From an individual’s perspective, prosperity is defined as a high salary, big house, the latest car model and vacations in various exotic places. Obviously, nowadays the term ‘prosperity’ is associated with the economic outlook due to the increase in the global output, thereby leading to an increase in the levels of personal income.

Everyone wants to be wealthy, but few realize what true prosperity means. In this chapter we will discuss this idea in detail, for two reasons:

Maybe you know or you’ve heard about people who are millionaires, but they have a dysfunctional family. At the same time there are people who have reached the highest degrees of knowledge, but they have holes in their shoes. Prosperity does not mean money; it means in some way a financial level, but true wealth, wellbeing or prosperity means a lot more than money. It means fulfillment in all areas of life. Perhaps you don’t believe that this kind of life is possible; I can tell you that it is, and I can tell you that this kind of life deserves to be truly lived. Fulfillment in all areas of life does not mean perfect balance between lots of money, perfect relationships and optimum health. This

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balance cannot exist long-term, and for as long as you have this image in your mind you will not be able to obtain the true prosperity. Think about it; something in a perfect balance is static, and life fortunately is very dynamic. Everything is moving and everything is changing.

True prosperity means progressive improvement of the 5 areas of life: mental, physical, relational, financial and career.

If anything is not static it means that it does not go up, it goes down, what doesn't improve, gets worse and what does not grow, dies. Only the nature can by itself improve without intervention. Otherwise, for almost all things, if there is not a human planned improvement intervention, will almost certainly degrade over time. If you don't pay attention to those 5 plans you could make a lot of money, but you will never be wealthy.

Fortunately, the financial area of your life will be more easily developed, the more you develop the other four areas, because they are all interdependent. For example, if you are physically healthy you have more energy, which makes you more productive, more alert and more perspicacious. If you have good relationships, first of all you are more mentally relaxed and second you find trustworthy partners everywhere, for projects that you initiate, which in turn allows you to advance much more quickly in your career.

The 5 areas of life, or life plans, reinforce each other, creating accelerated growth which is called prosperity.

It's unlikely to progress in all plans in an equal way, but that is not necessary.

You will focus sometimes on your financial plan, and the other aspects will go on the back burner. Sometimes you will focus on your physical plan, and sometimes on the relational one; the secret is to work consistently on each of the 5 plans of your prosperity.

A few more things about “prosperity” term

It is not meant that you can express prosperity in terms of income or wealth. The term itself has been derived from a Latin term 'prosperus,' meaning “to flourish” or “to enjoy healthy growth.” In this case, prosperity is literally defined as a way to advance in life physically, socially, psychologically and spiritually. However, the term does not imply that you have to be financially successful or achieve success in material terms. Although one of the elements contributing to prosperity is wealth, it does not signify that material wealth will always result in your living a happy and fulfilled life. We confront these material things in our daily life; as a result, we create a void in our lives and crave recognition, acceptance and identity, which constitute one of our basic needs as human beings. Sometimes people have an abundance of wealth, yet they complain about their emptiness, boredom and restlessness. You will not be able to fill this emotional void with material stuff.

However, the modern era is witnessing the development of unequal societies, which has led to the widespread popularity of wealth and income in defining the prosperity or wellbeing of an

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individual. The differences in income also create a disparity in their respective statuses. Now, people are more focused on amassing more wealth and income than others around them. The importance of 'status goods' such as a car and a house defines a person's social stature. This has led to the competition of achieving a higher status. You spend a huge amount of dollars purchasing sunglasses, handbags, branded fashion accessories or even branded garments so that you establish a respectable standard in society and other people look up to you.

You attach value to certain consumer products simply because others like them. For this reason alone, people want to purchase designer clothes, branded accessories and the latest car models. And all this not for yourself, but to please others. Social relationships require you to think one notch above the normal consumer goods. You convey your identity, status, feelings and social affiliations by giving expensive gifts to other people and receiving the same from those people. These products hover around your minds, much beyond their original material value.

Material things are definitely necessary for fulfilling our basic requirements of food, shelter and clothing. However, once you fulfill your basic needs, we perceive the importance of money differently. We can achieve happiness with money only until we are not poor. After that, the association between wellbeing and material wealth is insignificant. According to famous psychologists, materialistic concepts such as image, popularity and financial success are contrary to the basic intrinsic values of affiliation, self-acceptance and belongingness in a community. People who possess greater intrinsic values lead happier lives than those who are worried about materialistic values.

Egalitarian societies foster a better community life, where people can trust, care and share with each other, and common good is given higher priority. Social status is not considered a great priority in these societies; therefore, it gives way to less competition vis-à-vis financial position and stature. It thereby causes less anxiety and enables residents to lead a better quality life. Actually, they lead a prosperous life. Prosperity transcends material concerns; evidence is witnessed in strong relationships and trust among the community members. People achieve work satisfaction and enjoy the shared purpose of life. Prosperity defines the ability of individuals to flourish within the ecological limitations of the finite planet, Earth.

What Truly is Prosperity?

We hear a lot about success and prosperity, with numerous books and audios guaranteeing the secrets to living as such, but are you truly prospering? Do you really understand what it entails and how to get on the path to prosperity? Let's take some time to gauge the true meaning of prosperity.

Prosperity is simply living the good kind of life when it comes to every area of your life. Many people think it only has to do with finances, but it entails so much more, as it encompasses your relationships, career, health, mental, emotional, and social life. To prosper is to continually live a well-balanced, productive, enjoyable life with a positive perspective. It doesn't mean everything is going to be perfect, because nothing is perfect, but it does entail a flow of goodness in your life.

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Of course, everyone would like to prosper, but not everyone does, and there are various reasons for this. I would like to mention that prosperity begins as in inside job. What I mean by this is that you don't need a lot of material possessions, a huge savings account, or a lucrative career in order to be prosperous; you simply have to feel fulfilled inside.

Prosperity is a feeling

Some people feel that prosperity comes when everything is super in life. The promotion comes. The savings account is overflowing. Health is radiant. But what about those who feel prosperous when they have very little, or perhaps have some sort of disability? Are they less prosperous than the multi-millionaire? Not at all, because prosperity is an inside job.

How are you feeling? Satisfied? Fulfilled? Are you able to feel grateful for where you are in life on the way to where you're going? It's recommended that you set goals for yourself and be proactive in going after them, but you can still be prosperous while going after them, not only when you achieve them. After all, some goals we may never really achieve, so learning how to offer gratitude on the path toward prosperity is quite valuable.

Get on the road to prosperity

What does it take to get on the road to prosperity? Willingness. You simply have to be willing to appreciate where you are right now and make a decision to take on a new perspective in life. You can prosper in every area of your life, little by little, day by day. Start thinking about what you want your life to look like,

and begin making decisions that propel you toward that vision. Write down your goals in various areas of your life, such as finances, health, socially, career-wise, and mentally and create an action plan toward going after those goals. Don't wait until you've achieved something to feel good about yourself or about your life; feel good now. Believe it or not, the way you feel is very important when it comes to creating a life that you are happy with. Feel hopeful and joyful as you embark on a new journey, prospering like you've never prospered before.

Chapter 6

Achieving Physical Prosperity

Prosperity definitely does not imply hard work and working for long hours at office. Many people work about 12 hours a day, but have they achieved prosperity? No. Besides smart and hard work, other factors also affect the level of our prosperity. You may know about the importance of positive attitude, following the rich and successful people; in fact, the same principle governs these ideas, i.e. energy principle. Actually, prosperity refers to a kind of energy flow in people who accept it willingly.

It is said that “Health is wealth.” If you remain healthy and harbor a sound state of mind, you will be able to think of better ideas.

You must define your version of prosperity. Some of us equate it to wealth, happy relationship and some feel that a good physical as well as spiritual health determines prosperity. The universal law of attraction states that human beings attract everything based on our thought process. We attract things that we spend time thinking about. Therefore, in order to achieve physical prosperity, you must think about measures of improving your current health conditions.

The law considers meditation as a great method to achieve physical prosperity. When you meditate, your mind is calm,

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regains focus and you are able to think freely. You need to stop and analyze about what you can achieve from your life. When you meditate, you get a deeper understanding about your present condition. You become silent and listen to the inner self. You must have observed that you do not think clearly when you are in a panic or chaotic state.

If you run away from stressors and chase the faraway goals, you can't focus your energy on the good things in life. Each one of us associates a greater importance with health than with money. You cannot buy happiness and good health with money. However, if you have good health it is easier to remain happy and in a blissful state.

When you are healthy, you resist any kind of injury or illness. When you have sound health, you will also foster a healthy mind. Factors affecting your health include food, sleeping habits, pollution, mental state, and environmental factors such as air, sunlight and water. Take a walk in the park in the mornings or engage yourself in an exercise regularly to keep your body and mind fit.

When you are ill, you do not feel the urge to work or play; your bad health also affects your sleep as well as your appetite. Constant illness is a burden. Therefore, try to remain healthy at all times.

A healthy individual enjoys to fulfill his desires. He does not have the habit of complaining. A smile on your face boosts your mental health and provides you the much-required energy boost to work hard to achieve your goals.

You must be mindful of what you eat. A healthy diet will require you to include enough protein, fiber, vegetables, fruits as well as essential vitamins and minerals. Your body is comprised of 70% water, therefore you must drink plenty of water to remain healthy and prosperous. If you get less sleep, you will behave in a cranky way. Avoid any worries, tension or stress and get a good night's sleep.

To meditate properly, you can follow some of these easy steps:

- Spend some quiet time each day. Do not worry or work during that period. Give your mind a break from the routine activities.
- Avoid any distractions and find a spot in your home where you can relax.
- Take a few deep breaths, realize that you are alive, and feel blessed.
- Think about your present life and avoid negative thoughts.
- Concentrate on the goals you wish to achieve.
- Imagine what you will feel once you fulfill those goals.
- Write down your wishes and dreams.
- Feel how contented you are when you achieve one of those dreams.
- Imagine how great it would be if you get those things.

Repeat this exercise regularly in order to achieve physical prosperity.

Chapter 7

Equation for Material Prosperity

Have you ever been stuck in a financial crisis? It does not matter how hard you have worked, or that you've taken all the correct steps, unfortunately you've become prey to the financial crisis. Most of us believe that wealth is actually a creation of our mindset. You must have read about wealth consciousness. But have you ever tried to focus on the term 'forgiveness?' You must create space so that you can welcome the good things in life. The ultimate need for clearing space is to learn the art of forgiveness. Anger, regret and resentment block you from the good opportunities that may be in front of you.

When you work in order to achieve financial prosperity, you may sometimes encounter moments of resistance which hamper your ability to see the changes around you. Therefore, you must let go of your resentment instead of holding on to it. Financial struggles lead to grievances. You must learn the art of forgiving the people who have contributed to this pain. Each one of us can feel only one emotion at a time, hence when you are full of anger or resentment you do not understand the wealth of abundant opportunities.

The main way to achieve financial prosperity is to take responsibility for your future. Also, you must understand that

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your employer is not responsible for making you rich. The next principle is to make relevant changes to your mindset about your current financial position. Learn from your mistakes and try not to repeat them in future. You must seek a transition in your thought process as well as your actions.

Have you ever thought about why you get angry if your boss does not offer you a salary raise? For you, achieving financial prosperity may be a mountain peak to climb because you may be dealing with insurmountable debt, whether a result of situations in life or simply impatience. However, did you know that if you deal with the issue of debt using a focused and disciplined approach, you will easily resolve this issue? You should also know that a normal 9 to 10 hours regular job will not help you achieve this goal, unless you are working for an upper echelon business corporation. The hard fact is that so many people, like us, are working in small corporations, but where we are so far in our lives? Therefore, to realize your dream of financial abundance you must act now. You must have money flowing in the direction that is being set only by you. Remember, you do not earn money; you create avenues so that money keeps flowing into your kitty always.

Chapter 8

Use Creative Visualization to Prosper

It's no secret that people want to prosper in every area of their lives. Whether it's finances, relationships, or career, abundance is valued for sure, but the reality of the matter is that many people don't experience prosperity. Instead, they experience lack, frustration, and other negative feelings.

Why is this?

Well, there are a number of reasons, but one area that many people are not aware of that can contribute to prosperity is creative visualization. This is one technique that can take you from where you are (sad, broke, fatigued, single, etc.) and help create an abundance of forward momentum, helping you to co-create the kind of life that you really want.

What is creative visualization?

Have you ever found yourself daydreaming? Perhaps you've been at work daydreaming about traveling with your future soul mate or landing that lucrative job you've been wanting. You picture it in your mind's eye and entertain thoughts surrounding

it. This is creative visualization in action, as it is essentially a mental technique that allows you to use your visualization to birth your goals and dreams into reality.

Creative visualization is you utilizing your thoughts and visions to create the life you desire. It is you tapping into the power of your mind. In fact, athletes have been using visualization for many years to enhance their athletic performances. They take time to see themselves or their team performing at full capacity, which really does help their performance.

Attract good things into your life

According to the law of attraction, you get what you think about, as like attracts like. For example, if you think negative thoughts much of the time, you're actually attracting negative things, people, or situations into your life. On the other hand, if you think positive thoughts much of the time, you're attracting positive people, places, and things into your life. When you use creative visualization to mentally see positive things that you want in life, you really are attracting those things into your life.

Thoughts are powerful, so what you think about and what you visualize are key indicators of the kind of life you live. When it comes to creative visualization, take some time each day to consciously dream your future into being.

Want that soul mate to come in? Take some time daily to visualize you and your soul mate walking hand in hand down the sidewalk, traveling to a tropical island, making love, and sharing life together. Feel the wonderful feelings associated with such a

deep love. Now, you don't have to actually envision the details of your soul mate; just a general envisioning will do. As you continue to do this daily, you are emitting such powerful vibrations into the universe that are acting on your behalf. You're holding space and opening up for such a great love to come in. See it. Feel it. Believe it.

The same thing goes for other areas of your life. Want to prosper financially? Envision thousands or millions of dollars in your bank account. See yourself working in the career that you've been desiring. Picture yourself traveling and buying the things you want without any hesitation. Feel the feelings of having wealth and financial freedom. It makes a difference!

Be open minded

Do not settle for limited thinking any longer. Be open-minded and enlarge your vision in every area of your life. You can start with just little things and then work your way up to larger things. If you really commit to putting forth the time and effort, you will see your life change. You will be encouraged to take on a new perspective when it comes to your life and prosperity.

It's certainly worth the effort, so sit down today and take some time to use creative visualization to get some positive momentum going in your life. After all, you're worthy of living the kind of prosperous life that you've been dreaming of!

Chapter 9

The Principle of Contentment

Success is a complex thing to grasp; it is not denoted by the financial wealth or material possessions that you own. There is a deeper meaning attached to this term. You measure the value of success with the extent of mental stability and inner peace that helps you remain happy in all situations. Scholars define the feeling of contentment as your real success.

The secret of finding happiness lies within you. External prosperity and success is meaningless if you are not successful in finding your mental peace. Even a poor man is happy when he fulfills his basic needs. It is said, "Nothing is impossible, unless you think it is."

God has created everyone with a purpose. Your strong willpower can get the best out of you as it enables you with the strength to control the natural forces. Strong will and determination can never hamper your efforts to achieve your goals. You get the strength of handling any type of situation. You must first believe in your potential and talent. It is said that when God closes one door he opens up several other opportunities for you. Usually, we believe that we cannot do many things. However, you must shun this attitude and harbor a belief that you have the power to achieve each one of your desires. If you feel determined about

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a certain desire and harbor strong willpower, you will be rewarded with its tangible form. Hold on to your desires until your thought process develops a dynamic strength. In this way, you will create a blueprint of your desire mentally.

You must choose an objective, which you find hard to accomplish, and focus all your strength to make it happen. If you achieve success, try to accomplish another bigger thing and concentrate your strong willpower. Pray for deriving strength to combat all challenges and hardships that lie in the path of using your willpower. Do not bother about your identity and just focus on your objective.

We develop a mindset that distinguishes between success and failure. Several times you must have seen that you are affected by the negative outlook of the remaining members of your society. But, when you develop the conviction of not being the lone sufferer, you acquire a secret power that opens new avenues for you to explore.

Failure is the stepping stone to success. When you triumph over the hardships and are bruised by bludgeons of situations, you get the strength of keeping your head straight and walk confidently. Try, try and try till you succeed. Regardless of the number of failed instances, you must never give up hope. Give it another try and fight the tough situations until you achieve success. You must learn from your failures and analyze their causes. Each failure teaches you a different lesson. You will be triumphant only if you keep on trying, feeling undefeated within. Every dark cloud has a silver lining. When you are too bothered

by your difficulties and failures, the opportunities slip from your hand like sand and you miss striking the right one on time.

Did you know that most of the failures in your life are due to less concentration? When you focus on too many things at one time, you cannot concentrate on a single activity. However, when you concentrate on a single thing, you achieve the desired results. Great men have always focused only on a single thing and not drifted away from it. You must not get distracted, but use the strength of concentration to use your mental abilities for achieving your desires and ignoring the failures too.

Perfectionism is the quality of approaching a problem with your utmost level of concentrated energy so that there is no chance of error. Do not approach a task with a half-hearted mindset. You will not be able to focus on the particular task because of low concentration levels. Mindfulness is a great technique that can help you develop a sense of focus and concentration.

A creative mind is the key to success of mental prosperity. If you tackle problems with an intelligence as well as a creative solution, you will resolve those issues quickly. Take initiatives in finding the solutions yourself and you will nip the problem in the bud. Do not fear about the success ratio of your innovative solutions. One of your ideas might turn out to be a great solution for the problem. Experimentation is one of the methods of attaining mental prosperity. Your gray cells, if they remain active constantly, will even get solutions from your subconscious mind. You must have experienced that you get ideas at a very unusual time sometimes, for instance while bathing, or cooking. There is

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no fixed time for exhibiting your creativity. Start with finding new ways of performing your daily chores, and you will see that those activities won't seem to be mundane anymore.

If you learn the art of creating solutions, you will never wait for the right opportunity, or blame fate, circumstances or the Divine Power.

Chapter 10

Social Intelligence

Do you have a high social IQ? It refers to social skills that you use when communicating or interacting with other people. It includes verbal as well as non-verbal cues such as body language, gestures and your overall personality.

A human being is a social animal. We have adopted several ways of communicating our messages, opinions, thoughts and emotions to other people. How many times have you really understood what meaning has been interpreted by the receiver?

What you speak is a result of your verbal language, i.e. your tone, volume as well as the appropriate words along with the subtle communication that has been sent through the nonverbal cues. In fact, some people are good at social interactions because they understand, in detail, the nuances about the function and nature of interpersonal communication. Therefore, you must acquire excellent social skills and be mindful about how you communicate with other people.

Characteristics:

1. You acquire social skills with an aim to achieve your goal.
2. Behaviors related to social skills allow you to exhibit more

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facets of your behavior to others simultaneously.

3. You can use social skills according to the circumstances. For instance, in a business meeting formal social skills will be preferred rather than a casual approach.
4. You can judge a person's demeanor based on the level of his social skills.
5. These skills are controlled by the individual. You must learn the appropriate use of these skills along with the specific type of behavior and the social setup.

If you have good social skills you will enjoy the following advantages:

1. **Better social relationships:**

Social interactions will help you develop good relations with more people; often you might end up becoming good friends. You develop a charisma, which is desired by most of us. Most of us think that we will not have a successful career if we do not have strong interpersonal interactions. If you learn the social skills, you will be happier and more satisfied in life, which will develop a better perspective of your life. When you enjoy the support of many people, you are not easily influenced by stress, and this increases your self-confidence and esteem.

2. **Improved communication:**

You can convey your ideas in a better way if you possess great communication skills. Interacting with people gives you

an opportunity to share your ideas and understand the other perspective too.

3. Increased efficiency:

As you sow, so shall you reap. When you express good behavior with others, they will like you. However, if you do not like interacting with a person due to a difference of opinion, you can politely excuse yourself from the conversation by requesting time to spend with other like-minded individuals.

4. Career opportunities:

If you remain isolated at your workplace and do not interact with your colleagues, you will find it tough to excel in your job. Teamwork influences you to hone your skills and is a great source of motivation.

5. Boost your happiness:

When you begin to understand others, it presents you a platter of personal as well as career opportunities. You are confident about starting a conversation in a conference or business meeting, which may help you in a new job or a promotion. Greeting people with a smile during social occasions may sow the seeds of a new friendship.

Social intelligence is developed from the experiences of other people as well as learning from the achievements and setbacks

in various social settings. You may have heard the term ‘street smart’ or ‘common sense;’ it is nothing other than social intelligence.

Key elements

1. Clear understanding of roles, rules as well as the script:

To be socially intelligent, you must learn to play the various roles of society. You must have a thorough understanding about the norms or informal rules that regulate the principles of social interaction. In the process, you will become wise and sophisticated. You may have observed in social parties, few people talk very less and listen to other people. They are smart because they listen to the whole conversation before giving their opinion about the concerned topic.

2. Conversational skills and verbal fluency:

People with a high social quotient can strike up a conversation with various other people at a social gathering. They use tactful as well as appropriate statements to express their ideas.

3. Listening skills:

The process of social interaction is incomplete without the art of effective listening. You must acquire great listening skills in order to become socially intelligent. Listening means understanding what is being said by the speaker and offering an appropriate reaction to the conversation.

4. Self-efficacy:

You must make other people feel at home when you strike up a conversation with them. This will exude a sense of self-efficacy in you as well as the others.

5. Understanding:

Socially intelligent people gauge what the other person is saying through their behaviour, and try to understand their emotions as well. Emotional intelligence and social intelligence are like hand in glove. To develop social skills, you must develop emotional intelligence as well.

6. Impression management:

Socially intelligent people consider the importance of the type of impression they make on other people. Impression management refers to creating a balance between management and control of the image that is being portrayed to the other people, and being authentic and presenting a true picture of yourself. Being one of the most difficult elements of developing social intelligence, you need to pursue this quality with utmost patience and perseverance. Just become more aware about your social world. You can also take formal lessons on public speaking and develop great communication skills. Become mindful about how you behave and react to what other people say.

Chapter 11

5 Plans, One Present

Mental

Your mental state is the main factor that can bring you a huge success or can get you bankrupt. Be very careful about your thoughts, with the words you use and the things you believe in, because they will become reality, but just for you.

Self-esteem, self-image, attitude, frequent thoughts, beliefs, conscious level and vision are aspects that define your mental side. If you refine them until you obtain the perfect combination, then when you look around everything will be radically changed. Scientific researches shows us that our minds make ten thousand unconscious decisions a day. How do you think those decisions are made? According to what we have “in our head.” Your mind will always take unconscious decisions according to the mental schemes that are in function. Every one of those decisions can get you closer or further away from what you want. If you start to work on your mental plan, the work on the other plans will become extremely easy because there will be no need for will to fight with your own mind, but you will solve, almost automatically, problems that are more and more difficult.

Physical

The physical plan does not refer just to health and your physical condition. It refers to the environment that you live in, which includes your own body and the house you live in, the desk, the car, their order and their cleaning, the aesthetics and their beauty. It also includes physical health, and your material possessions. All of these represent your results in the physical plan and mostly they are the consequences of your past judgement.

Just think.....

“What is the connection between my physical results and my past judgement?”

Our judgement (mental plan) shapes our habits and our behaviors. The habits and the behaviors control our actions, and the actions generate our physical results. It's a simple cause/effect relationship, and changing the cause can produce a domino effect, whose result is changing the physical plan. Obviously the transformation does not occur immediately. If you are unsatisfied with the physical results that you have, work on your mental plan.

Do you remember that these 5 plans are interdependent? For you to speed up the transformation process, you can force a change on your physical environment. So your perception about yourself will change, and that will affect again your physical environment, training yourself in a virtuous circle (positive to a vicious circle).

Make order on your desk, paint your house, buy some green plants, sell some useless stuff or donate it, dress nicely, care for yourself, fix everything that needs to be fixed, in other words optimize your environment. You don't have to do it all at once.

Every day do something.

Relational

No matter what you do now or what you propose to do later, inevitably you will need to interact with other people. Regardless of your goal, it's extremely hard, if not impossible, to reach that goal alone. That's why the quality of your interaction with people is critically important for you to obtain the level of prosperity that you wish for.

Your interaction with people supposes mainly communication. Improving communication reduces stress and raises the level of cooperation with people. A high level of cooperation means that you can exert your influence easily. This reflects on all life plans, including the financial one.

Career & Financial

What is a career?

The majority of us understand that it is more than a job. I'm not going to argue about the difference between a job and a career, or the advantages of one over another. The fact is that the most of us have a career for the purpose of gaining money.

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I want you to think about your career. What activities does it suppose? Who do you interact with? Does your career give you happiness or stress? Does it offer you satisfaction or dissatisfaction?

These are the questions I asked myself many years ago and, frankly, I didn't like the answers. But a lot of people think that, simply, that's how life is. That work is something unpleasant, and you want to do as little as possible, to have more free time for yourself. The majority of people spend their free time in front of the TV, on Youtube or on some PC game, for about 6 hours a day.

Monday morning, at 7 o'clock or even earlier, the alarm goes off! They delays it for about 10 minutes, and it goes off again. After another delay, and the alarm goes off again. Then they wake up in a hurry so they aren't late to a job that they probably hate. They watch the clock from hour to hour until 5 o'clock. Finally, they go home, they stay in a "coma" for 6 hours in front of the TV, then they fall asleep.

It's Tuesday morning, 7 o'clock when, again, the alarm goes off and it starts all over again...Wednesday the same thing, Thursday the same and it's finally Friday. Friday starts the weekend when they go out on the town, they bury themselves with debt, and watch again hours and hours of TV so that they don't need to think about the sad life that they alone created!

Until the alarm goes off again! It's Monday....

This is life for a lot of people.

We need balance.

Is there maybe a chance to do something that I like and get paid for that?

The answers that I found redefined my life. I've found people who created for themselves an exceptional financial situation making a career out of passion. More than that, these people claim that this is the biggest competitive advantage of their business. You will always beat a competitor that does what you do, if you do it with passion and he's does not. Your passion becomes your career, and if that happens you don't need money to be happy because you'll do what you do even for free, although the money comes in a surprisingly large quantity.

In conclusion, prosperity does not mean to have it all; it means that you receive more and more from each thing. This progressive improvement creates the wealth feeling.

How does it sound to be more and more educated, to think more and more sophisticated, to live comfortably, to be able to buy nice things, to refine your tastes, to have solid relations, based on trust, respect, loyalty and love? How does it sound to fall in love with your job, not being able to see the difference between working and playing, to do everything with passion and to earn lots of money doing it?

If it sounds good, then what follows will sound even greater.

Chapter 12

The Prosperity Has No Limits

The education that is given to us by the society in which we live encourages us to think that prosperity is limited. The general conception is that we can't all be wealthy. Although we've already been through this subject in the first chapter, I want to approach it again, so we can understand it more clearly. Prosperity could be limited because resources could be limited, and we will need to battle for them. For example, if there is not enough food for everybody, then to be wealthy you must compete with others for the food that exists. In such a situation, prosperity would become static, not having the possibility to grow it beyond the existing limits. The trend would be to put your hands on as much as you can, no matter if you need it or not. Sounds familiar? Yes, that's the society that we live in. In reality, the resources are not limited, there is a lot. Is that so? Well, let's see. What are the main resources that we need?

Money

Money alone doesn't have value. They are a symbol of value. Although they are limited, each time they go from one pocket to another. The person from who they gone, will obtain a value for them. And therefore the same money can be used for a countless number of times, and therefore can create a countless

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value. Plus, only 4% of the money exists physically, the rest are numbers in some computers, so even their number is not limited.

Air

It's unlimited because it's reproduced naturally by the ecosystem. The natural cycle always produces fresh oxygen.

Water

It covers about 70% of the earth's surface. Regarding the water quantity, this remains always constant, changing only its physical shape. There are arguments that the water is polluted and the drinking water is limited. The modern technology (reverse osmosis) gives us infinite and efficient solutions to purify any polluted water.

Food

Although we seem limited to a fertile earth surface, hydroponics technology allows us to grow food even in the middle of the desert, in a bunk system and using just water and light.

Energy Fuels

Only the geothermal technology gives us in this moment enough energy for over 4 thousand years, using it at the current level of annual consumption. Another big source is the solar energy.

Materials

Those are not fundamental resources; we use them only for industrial purposes. Although physically they are limited, technology allows us always to find alternative solutions, to use a certain material instead of another.

The Matter (quantum level resources)

Quantum physics deals with the study of the particles that the universe is made of. For example, your body is composed of cells, which are composed of molecules, which are composed of atoms. The atoms are composed of subatomic particles; for example, electrons. Quantum physics studies the behavior of those things. Science tells us that everything is composed of the same few subatomic particles: your body, the paper that you read from, a tree, a diamond or any prime matter, even other planets. Reducing the explanation to simplistic form, everything is a vibrating energy. According to the frequency at which it vibrates, the energy takes on different physical shapes.

“Why are we talking about quantum physics in a book about prosperity?”

Because science shows us that energy is not created or destroyed. It’s just passed from one condition to another. Which means that in reality no resource is limited; it just passes from one condition to another.

From infinite resources you can take whatever you want, but they still will be infinite. Why such a mentality we are tempted to

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take more than we need, the only real danger is to take less than we wish and to be happy with this. In the context of a universe with infinite resources, the approach needed to achieve prosperity should not be a competitive one, but a creative one. The question we should ask ourselves is: how can we creatively combine all the resources that we have, in order that we become more and more wealthy? The prosperity potential doesn't have, from an objective point of view, limits. The only limits are those set by us.

Prosperity has truly no limits

If there's one thing most of us have in common, it's the desire to live prosperously in every area of our lives. After all, living defeated and in lack can lead to a host of negative emotions. The good news is that you can get on the road to prosperity and success by following some core rules and principles. It doesn't have to be difficult; sometimes it just takes a bit of knowledge and discipline to get to where you want to go.

Unlimited potential

To prosper means to live at your highest good, and this can occur in various areas of your life. For example, you can live prosperously in your finances, relationships, career, spirituality, and more. What many people lose sight of over time is that they have unlimited potential, and prosperity really has no limits. Also, prosperity and success are defined by you, so what you deem successful may look much different than what your friends or family members think is successful.

Prosperity has a core principle that I'd like to share: No matter what it is you want, you've got to be willing to commit to doing whatever it takes to get it. It requires discipline, persistence, wisdom, and patience. As you move forward, not limiting your prosperity and staying true to your dreams, you will be able to get past the tests that may come along the way.

What is it that you desire in your life? What kind of financial prosperity do you want? Relationships? Career? Health? Take some time and write down what you want your life to look like and how you want to experience your journey. There is something powerful about writing down your goals and creating action plans toward achieving those goals.

Here are some excellent tips and advice for you to remember as you move forward realizing that prosperity has no limits:

1. Keep a positive perspective.

How you view things matters. You get to choose how you perceive everything that comes your way. Always look for the silver lining.

2. Understand failure is not failure.

Some things might not work out or how you planned and that's alright. Learn from it because it does not necessarily mean it's a fail. It may be a setback, but there are bound to be setbacks on any journey. Keep moving forward.

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3. **You are already prosperous.**

No matter where you are on your journey, offer gratitude for the prosperity you are already experiencing. There are always things to be grateful for.

4. **Keep your focus.**

Stay the course and stay focused.

5. **Learn valuable lessons.**

Be willing to be open to learn valuable lessons on your journey. Closed-minded people limit themselves.

6. **Breathe deeply.**

Take some time regularly to breathe deeply. Go outside in nature and take in the happy energy of natural beauty. It goes a long way.

7. **Just say no to excuses.**

Let the excuses go. You are not a victim, so really commit to taking responsibility for your life. If you need help, find someone who can help you. If you need accountability, ask for an accountability partner. You can prosper!

8. **Learn to love yourself.** If you don't come to a place of loving yourself, you may actually be repelling prosperity.

Pamper yourself and invest in yourself, as you are worthy to live the kind of life you desire.

9. Have zero tolerance for complaining.

If you do find yourself complaining, commit to making some changes.

10. Network.

Build your social network with people who are on the road to prosperity, as the people you hang around with really do have an impact on you.

The only person that can limit your prosperity is you. Determine to get on the road to prosperity, doing whatever it takes to keep momentum moving forward. Dare to dream big and go after those dreams with positivity, visualization, commitment, discipline, and time. Prosperity has no limits!

Chapter 13

Relearn to Dream and Experience Bliss!

Our mind can be compared to a sophisticated GPS. To reach the destination you must first identify it. It must be attractive, and must motivate you to take the necessary steps. But that's not enough. The GPS automatically gives itself a satellite positioning. Continuing the comparison, this means that you need to know your starting point.

With these two landmarks, the human mind is always capable of calculating (unconsciously) the next step of your journey. We can't foresee all the obstacles on the road, but through adaptability and perseverance we can exceed them. For a truly successful journey we must be open, we must experience and enjoy the course of it.

In the previous chapters we've realized and demonstrated that our psychological breaks made us to systematically sabotage ourselves.

We've made an inventory of our lives so that we now have a clear image of the starting point.

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Also we've started to understand what true prosperity means, so we know what the world that we live in can give us. Now is the time to choose where we are going. But before that I want to mention one more thing.

It's very easy to think "I know very well what I want" or "I already know these things." First of all, the situation that you are in shows very clearly how well you know them, and more than that, it shows you how much you are willing to put them into practice. Remember when you were a child and you spent time in imaginative play? Maybe you and your friends played cops and robbers or cowboys and Indians. Or maybe you wandered out in the woods pretending you were a warrior looking for food for your family. Children have a great sense of imagination and find dreaming up big things quite easy.

As we get older, we tend to shy away from dreaming, in an effort to be more realistic. Why is that? Are we afraid of failure? Have we dreamed big before and when those dreams didn't manifest we grew frustrated and weary? Perhaps. The fear of failure and ridicule can certainly snuff out dreams, but it doesn't have to; we can re-learn to dream, so to speak, and start dreaming up big dreams once again.

Visit dreamland

When we really get down to the core things that people want, we find that they desire to be happy and peaceful. This is why we do most of the things we do. We work hard in order to get money so we can have the things we want, because we think all of that will make us feel peaceful and happy. The ultimate

goal of most of our decisions is to experience peace and joy.

But if you stop dreaming and settle for where you are, you are limiting the amount of bliss you experience. This is why you must learn once again to dream - and not just small things - but huge things. Why do you feel you cannot go for the gusto in your life?

Why do you feel you have to settle?

You don't. Begin visiting dreamland every day. Start envisioning the kind of life you want to live. Take time daily to imagine that you are living in peace and joy, experiencing all kinds of blissful events, enjoying time with amazing people, working the kind of job you love, and having more than enough in every area of your life.

Re-train your brain

Have you ever noticed how it's easier to think negative thoughts over positive thoughts? This type of negative mindset can become a pattern and a habit, and this type of habit limits your ability to prosper. It's time to re-train your brain to begin automatically thinking positive, so that you can begin attracting so much good into your life.

To re-train your brain, begin by monitoring your thought life. Take note of what types of thoughts you think about your finances, relationships, job, health, etc. Are they primarily good or bad thoughts? Write the most frequent thoughts down. Then take each negative thought and turn it into a positive one and recite those positive thoughts each day, as many times as you can.

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For example, let's say you think these types of thoughts about your finances often:

- I never have enough.
- I always make bad financial decisions.
- I'll never get ahead.

Change these negative thoughts into positive ones like this:

- I have more than enough.
- I choose to make wise financial decisions.
- I am getting ahead little by little.

Positive affirmations are powerful, as they help your subconscious mind change gears. After you recite these affirmations over and over, eventually you'll really start feeling and believing them, and make life decisions based on them. When you feel financially strong, you automatically start making better financial decisions. When you affirm yourself, you re-train your brain.

Life doesn't have to be so hard. Much of it is a perspective issue, so take some time and really ponder what your perspective is on your life. If you're not living to your full potential, full of peace and joy, it's time to re-learn how to dream, and dream big. You are worthy to live the kind of life you desire, so begin today by taking these tips into consideration.

You can dream your best life into being!

Chapter 14

10 Rules That Will Place You On The Road To The Prosperity

Finally, we've reached the concrete part of this book. Here you will discover the secret rules that you don't learn at school, but are what wealthy people already know about. They may seem very simple or even common sense. Although they are truly simple, this does not mean that they are easy to apply. Using them requires a conscious effort from you. In exchange, their benefits will overwhelm you.

For the moment you must ignore all your inner voices that oppose and test these rules. Only like this can you find what they truly mean.

You will never know unless you try them. You have nothing to lose.

Only if they are understood and put into practice every day, they will bring you more and more prosperity, abundance, liberty and happiness.

Rule 1: Prosperity vision

The phenomenal power of vision is grounded in two laws (A and B):

A. The law of vision clarity says that to reach a target you must see it clearly.

Imagine an archer who faces 20 targets. He closes his eyes and shoots. What will happen? The archer might hit any of the 20 targets, or he might not hit any of them.

Experiment

Method 1 - eyes closed

- A. Stay in the middle of a room that has no sharp objects in it.
- B. Pick an object from one of the walls.
- C. Close your eyes and spin 5 times.
- D. Stop facing the object that you've chosen, keeping your eyes closed.
- E. Walk towards that object and try to touch it.

How close you were to the target?

Method 2 - The vision clarity method

- A. Stay in the middle of the same room; pick the same object.
- B. Spin 5 times, this time with your eyes open.
- C. Stop facing the target and go towards it.

How close were you this time?

B. The law of focused attention says that to achieve your vision, you need to focus your attention on it until you touch it.

If you remain focused on the vision, it becomes a priority for your brain. Your brain will calculate what must happen so that you fulfill your vision. As an effect, the decisions that you take, including the unconscious ones (mostly), will get you closer to your vision. What must you do in order to keep your focused attention on your vision? Read your goals twice a day, preferably in the morning after you wake up and in the evening before you go to bed. These are periods when your brain is in the alpha state, and it's very sensitive to suggestions. In this period it is the most efficient for you to imagine the wealthy life that you wish. The brain will assimilate and prioritize vision and a supplier, after which it will calculate how to reach your goal.

The repeating of the vision has other benefits:

1. You will start to observe new opportunities which you didn't even notice before, because they were irrelevant.
2. It will motivate you to act according to your goal, because you always know what you work for. If you ever feel unmotivated, it's because your attention is not focused on the vision.

The reason I've decided to put this rule first is because it's the most important thing that you can do. Earl Nightingale, education

audio industry pioneer, asserted that all you have to do is to keep your attention on the vision, and the rest will come by itself.

Rule 2: Be grateful

Every experience has both good and bad parts. What affects you are the ones that you observe. The majority of people observe mostly the bad parts, not because they want to, but because it a habit, and like every habit, the more you do it the stronger it becomes. The key is to start to observe the good aspects more and more, until you change that habit.

Gratitude is knowing all the good things in your life. The knowing part you do intentionally; it's an attitude that you decide to adopt. Zig Ziglar, one the most appreciated motivational speakers in the world, says "Gratitude is the healthiest emotion; the more grateful you are for things, the more things you will have to be grateful for. The more you cry about more things, the more things you will have things to cry about. You will always be unsatisfied, no matter how much you have. With such an attitude you will never be able to have a wealthy life."

“What is the balance between being satisfied with what I have and wanting more?”

The balance is more an art than it is a science. I'm pleased and especially grateful for what I have, but at the same time I know that the possibilities are infinite and the essence of life is growing. That's why I dream, I make plans to work to gain more. Doing that I've observed that the present becomes more and more beautiful.

How to not complain-the elastic method

You must not lament. You can do what you want; you have the freedom to choose. You can cry, whine and be displeased, but remember this: it does not help you to complain to someone who does not care and can't help you anyway. A useful method to get used to not complaining is to put an elastic around your wrist, and snap it each time that you complain, .

How to be grateful - Stone gratitude method

I think that all we have is a gift, and we must learn to appreciate it. The mind that you have helps you to confront any challenge, to resolve any problem, and it helps you take advantage of the opportunities. The biggest gift of them all is life. Be grateful for your life; don't mock it.

The system I've found to be extremely efficient for observing all the things that I have and enjoy is the stone gratitude system. You look for a stone that you put in your pocket. Each time you put your hand on it, you think about something that you should be grateful for. The purpose is to try and identify more and more things.

Use the two methods for about 30 days and watch the effect. I've been so pleased so that I continue to use them. After 2 months I could give up on the elastic because I was no longer complaining about anything. I still use the stone gratitude method happily, even today.

Rule 3: Give your services

Have you ever thought about how you can earn more money? Most people will say that the answer is to work harder. But if we look at the fundamental level we realize that work is not directly connected with money. Some people work 14 hours a day and barely make enough to live on, instead billionaires work a few hours a day and they do it because they want it so.

The reward is directly proportional with the services that you give, not with the volume of work you do. The more services you give, the more money you earn. The more you help people, the better you get rewarded.

The reward principle

You give little, you receive little. You give a lot, you receive a lot. If you've asked yourself : "How am I going to touch my vision and my financial goals?" the sure answer is not "through more hard work!" This is one of the biggest secrets that wealthy people know. You need to create a business that offers the necessary scalability for you to fulfill your vision. A business is just that: a scalable system through which you can give more quality services to a lot of people without having to work harder. The more you develop it, the more scalable it becomes.

In one of his books, Robert Kiyosaki uses the following analogy: those who do not take advantage of scalability are like a mouse running in a rotating cage. When he needs money he gets into the cage and starts to run.

He must do that every time he needs money. At 50, the process becomes very tiring, and he has less and less energy. The necessary quantity of work unchanged! It's not mandatory to make a business, although that is the most intelligent solution: the more services you offer, the more wealthy you will be.

Rule 4: Connect with others

Winners cultivate relationships with people who can pull them up, while others complain that they don't have "relationships." Who you know, and especially who knows you, is very important. "But how important?"

Statistically speaking, it is verified that we become the average of the 5-10 people we spend the most time with. Have ever said that you will quit smoking but then you meet some friends who smoke, and so you don't quit?

The old saying that you become who you hang out with is true. What kinds of people do you hang out with? Are they prospering? Positive? Good influences? If you take the time to make connections with others that are on the path to prosperity, you're more apt to become prosperous yourself. This is because their good energy and decisions can inspire you on your journey. If you've ever walked into a group of Negative Nellies who do nothing more than complain, you can probably understand how their negativity can suck the life right out of you. These are the kind of people to avoid spending time with. Connect with positive, optimistic people who will encourage and support your prosperity dreams, and you'll be more apt to remain on your path to prosperity.

Who are the 5-10 people that you spend the most time with?

If it hasn't happened already, in the near future you will have approximately the same prosperity level as they have. That does not mean that you need to give up on your friends. Just that you need to reduce the time that you spend with them and in the meantime make yourself a new contacts network and new friends.

The contacts network & friends

Now that you understand how important it is for you to spend time with people who can pull you up in the prosperity way, it's time for you to take action.

Make two lists of friends:

The top 10 quality friends that you have.

The top 10 quality friends that you want to have.

Make two contact lists:

The top 50 contacts that you have.

The top 50 contacts that you want to have.

The purpose is to maintain the relations with friends/contacts that you have, and try to develop relations with friends/contacts that you want to have, automatically passing from one list to the other.

How do you know what to look for in a friend or a contact?

It's simple, if you want money you look for the people who have money. If you want health, you look for healthy people, and so on. All you have to do is associate yourself with people that have what you want to have, who are what you want to be, or do what you want to do.

Even the people you watch on TV or read about in books can influence you. This is a good thing because until you develop new relations, you can watch on TV or read about some wealthy people who promote a prosperity message.

Rule 5: Learn proactive

It takes 3 years to become an accountant. It takes 4 years to become a lawyer and over 6 years to become a doctor. Don't think that after reading this book you will understand the mysteries of the universe and the key to success. Knowing is one thing, understanding is another. The understanding means for you to make the decision that you will be dedicated to continuous studying.

Most people want to live in a state of prosperity, but the reality is that many people don't get to experience this. By prosperity, I mean success in various areas of life: wealth, health, relationships, security; essentially, The Good Life.

Maybe you want to live a life of prosperity, but you're falling short. Perhaps you're stuck in a financial rut or your relationship is dull and fizzled out. Or maybe your career has not been moving

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along as nicely as you'd like. Either way, I want to encourage you because there is a path to prosperity that you can get on, which can make a world of difference.

Here are some other rules that will put you on the path to prosperity:

Rule 6: Prioritize

If you do not get your priorities in order, you're not likely to prosper. What's most important to you? What's next? When it comes to prospering in every area of your life, making intelligent decisions is important, so be sure to sit down and decide what goals of yours are most important and put them first. If you want to change careers, make it a priority to research other careers and get started in that direction. If you want to get married, make it a priority to start dating. If you want financial success, make it a priority to get your finances in order. Prioritizing gets you on the path to prosperity.

Rule 7: Focus

If you can't keep your focus for long, you're apt to steer away from the path to prosperity. If you've got some goals in mind, keep focused on them. Stay the course. Little by little, step by step, move forward toward your goals. Great things don't usually happen overnight. Instead, they come as a result of effort, time, perseverance, commitment, discipline, and hard work. As you keep your focus on your prosperity, you'll remain on the right path.

Rule 8: Spend wisely

Prosperity does involve wealth, so learning how to use resources in a wise way is essential. Are you using your resources wisely? Being frugal? Making informed decisions? Ask yourself whether you really need an item or not before you purchase it. Shop around for the best prices. Don't be afraid to ask for the best deal. Check the fine print when it comes to interest rates. Pay off your consumer debt as soon as possible. All of these things will help you to inch your way more and more toward true prosperity.

Rule 9: Invest in yourself first

Those who are financially savvy and successful will tell you that they pay themselves first time and time again. This means that they don't wait until the end of the month to put some money in savings or investments; they do it first. Now, this doesn't mean they don't pay their bills, because they certainly do. It means that they have a set amount of money that they invest in their savings first, then pay bills, and then what is left is all they have to spend that month. They value their savings over buying things they don't need or doing things they can't really afford to do. Invest in yourself and you'll find, over time, that you'll be prospering your bank account nicely.

Rule 10: See yourself prosperous

If you want to live a prosperous life, visualize yourself prosperous. See yourself living the kind of lifestyle that you desire without anxiety or feelings of lack. Shoot those feelings

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of lack to the moon and begin to feel prosperous NOW! As you visualize and feel those feelings, you'll be surprised at how you'll start making choices that get positive momentum going in every area of your life. Visualization is powerful, because it allows you to tap into the power of your mind.

Prosperity is not as difficult to achieve as you might think, but it does require thought and actions that will keep you moving toward your goals. Be proactive. Follow these rules so you can get and stay on your path to prosperity.

If you want to have money, to have prosperous relations, to be wealthy in all areas, a mandatory condition is to cultivate your mind. I've recently spoken with a successful business man who I've asked what are, in his vision, the keys to the success. First of all he said that the education is, and it is not an option. Bill Gates, although he left college, said in a presentation held in a college that education is the main factor for business success.

Napoleon Hill, who analyzed over 500 of the biggest businesses in the USA, said that an educated man is not someone who has some general, or even specific, information. An educated man is someone who has developed his mental faculties so that he can obtain whatever he wants, without violating other's rights.

What you will learn in continuation, it's not comparable to what you learned in school. This time you don't have to do it, no one will listen to you, you will not take exams and theses, and you don't have deadlines. You will choose the subjects so that it will help you to like them and the methods you wish to learn with: audio, text or video.

The goal is not to read a book from beginning to end. It is important to allocate 30-60 minutes a day to cultivate your mind with positive and educational information.

“I, (name and surname), promise I will allow between 30-60 minutes a day, for 21 days, to cultivate my mind with positive and educational information. I know that this material will help me be more and more relaxed, motivated, strong and agile, and I understand that these activities are vital for me to become wealthy.”

Rewrite this pledge in the following space, and sign it.

Take this pledge to you now!

Signed:

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Successful people invest in their education because they know it is the best investment they can make. Here are some books that I recommend:

Richest Man in Babylon, by George S. Clason

Think and Grow Rich, by Napoleon Hill

That's How Man Thinks, by James Allen

How To Win Friends and Influence People, by Dale Carnegie

Rich Dad, Poor Dad and Money Quadrant, by Robert T. Kiyosaki

Chapter 15

Make Your Life Extraordinary!

There's nothing wrong with living an ordinary life, but living an extraordinary life tends to be much more exciting. It's like an adventure. You don't just settle for what's right in front of you. You get out there and you explore and navigate different areas, oftentimes having remarkable experiences. How can you have an extraordinary life? Let's take a look at some key factors.

1. Change your mindset

In order to live an extraordinary life, your mindset must line up with your goals. Are you primarily a positive, optimistic person, or do you allow negativity to breed in your mind? Learning how to remain positive and believe in the best will suit you well. To change your mindset, begin reciting positive affirmations daily and check in with yourself each day. Monitor your thoughts to be sure that you're on the right path, and that you are making choices that put you on the path to extraordinary living.

2. Be open and allow

You say you want to live an extraordinary life, but are you willing to be open and allow such to occur? Do you feel worthy to receive the good things that will come your way? Can you honor

yourself and the gifts and talents you've been given? Make a commitment to be open and allow goodness to flow into your life, as this is necessary for living an extraordinary life.

3. Feel as if

If you want an extraordinary life in every way, feel as if you already have it. Feel the peace, joy, excitement, and passion as if you're already living such a life. Why? As you experience these emotions, you're actually drawing extraordinary blessings into your life. Your emotions hold vibrations and those vibes attract like vibes, so essentially when you feel happy, you attract more things into your life that will help you continue to feel happy.

4. Go after new things

Be willing to go after new things in life, whether it's a new job, relationship, location, and so on. You don't have to settle either, as going for an extraordinary life means taking some calculated risks and going for more than the ordinary.

5. Ditch the naysayers

If you've got acquaintances or friends that bring you down by their negativity, spend as little time with them as possible. Their negative vibes can really bring you down and cause you to settle for an ordinary life.

6. Expect the great to show up

Have wonderful expectations about how your days will go. Believe in big things. Believe in MORE than the ordinary each day. As you expect, you shall receive.

7. Be proactive

To live an extraordinary life, you must be proactive. Yes, believing in a marvelous life is important, but taking action steps toward it is just as important. What are you doing to ensure that your life is extraordinary? Get clear about your goals, create an action plan, and get some momentum going.

As you follow these tips, you're sure to get yourself on the road to living an extraordinary life. You deserve to have the things you want in life, so you have full permission to jumpstart such a life today!

It's great to read and gain increasingly more knowledge. And if your goal is to get smart with friends, then knowing it is more than enough. But if you want to have luxury houses and cars, and the energy and vitality necessary for extraordinary performance so that you feel every moment is magnificent and you live with passion, then just knowing is not enough. This requires information to understand, and knowing how to apply it.

If you consistently practice the 5 simple rules, you will create over 80% of the prerequisites for prosperity, quickly and with minimum effort.

The Rules of Prosperity

But remember this:

Jim Rohn, one of the most important business philosophers of all time, says a simple thing, and remarkable: "Everything that is easy to do, it's easy to avoid."

The road to prosperity is to change. Think: if you do everything you did before, you get everything you achieved so far.

But if you want to change something, you have to start with you! Changing is more difficult than you think. What is important is that you focus on the essentials, the 5 rules, and the rest will come by itself.

Obviously, at some times it might seem to you that you get stuck. It's inevitable after all. Sometimes the road will be difficult. At times it is very important not to forget your vision.

Difficult moments will pass, if you decide not to stop but to go ahead. At times I reread the books I recommended. It will help you clarify the situation and to see the circumstances differently. Beyond the advice in this book, you must remember that this is just the beginning. The extraordinary life that you desire and you can build, depends only on you. If I could help you more I would, but all I can do is to show you the door, and the steps you should take.

Start now!

Do you feel like this book helped you?

Someone will thank you for the advice within it.

Like money, good advice is useful only when used.

There are too many people who bury their dreams and hopes of happiness.

This book was written with the sole purpose of helping you. Why not help your friends? Now is your turn. I think you'll agree that if more people would change their life philosophy in the direction of the lines above, we'd all be much happier.

What can you do?

Write about this book on your blog.

A short description and a link to the page www.TheRulesOfProsperity.com where you can buy the book may be the radical change for someone you've never met before.

Share on Facebook (or other social networks) and notify your friends.

A simple update on your profile will allow your friends to discover this world.

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Send mail to your relatives.

Recommend the book to people who could benefit from it. You have everything to gain from relations with prosperous people.

www.TheRulesOfProsperity.com

Who is Gelu Nastac?

Gelu Nastac Prada is a world leading advisor in online client attraction, and an internet marketing consultant for offline businesses.

He is a serial entrepreneur, with experience in online and offline businesses in a variety of areas, particularly helping business owners with strategies and consultancy to convert their static websites into income-producing ones.

He was born in a small village in Romania, and now he runs his businesses from Southampton, UK.

All of Gelu's achievements come as the result of unwavering tenacity, hard work, and unpleasant failure experiences.

Gelu is dedicated to help and show others how they have the opportunity to be successful with what they already know, do and love. He is inspired by watching his students achieve the success they could only ever dream of.

He is also a lucky husband and proud dad, and now helps other entrepreneurs like him to achieve their dreams of having successful businesses, making a difference in the world, and spending quality time with their friends or families.